

## Teaching Time

### Sunday, January 18, 2026

**Theme:** Created To Win – Sermon 1

**Title:** Winning With The Hand You're Dealt

**Text:** [Psalms 139](#)

**Speaker:** Dr. Owen Facey, Lead Pastor

*"Thank you for making me so wonderfully complex!"* - [Psalm 139:14 \(NLT\)](#)

*"A person who fears God deals responsibly with all of reality, not just a piece of it."* - [Ecclesiastes 7:18 \(MSG\)](#)

## FIVE FACTORS THAT INFLUENCE MY IDENTITY

*"Life is like a hand of poker. You have to play the cards you're dealt."*

- MY CHEMISTRY
- MY CONNECTIONS
- MY CIRCUMSTANCES
- MY CONSCIOUSNESS
- MY CHOICES

## FIVE WINNING CHOICES

### 1. I CAN CHOOSE TO GET HEALTHIER!

*"You made my body, Lord; now give me sense to heed your laws."* - [Psalm 119:73 \(LB\)](#)

### 2. I CAN CHOOSE TO DEEPEN MY RELATIONSHIPS

*"Let love be your highest goal."* - [1 Corinthians 14:1a \(NLT\)](#)

*"I pray that Christ will live in your hearts by faith and that your life will be strong in love and be built on love."* - [Ephesians 3:17 \(NCV\)](#)

*"There is no fear in love. But perfect love drives out fear."* - [1 John 4:18 \(NIV\)](#)

### **3. I CAN CHOOSE TO TRUST GOD**

*"God knows us far better than we know ourselves... That's why we can be so sure that every detail in our lives of love for God is worked into something good. God knew what he was doing from the very beginning. He decided from the outset to shape the lives of those who love him along the same lines as the life of his Son. The Son stands first in the line of humanity he restored. We see the original and intended shape of our lives there in him."* - [Romans 8:27-29 \(MSG\)](#)

*"I will praise the Lord no matter what happens."* - [Psalm 34:1 \(LB\)](#)

### **4. I CAN CHOOSE WHAT I THINK ABOUT**

*"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think."* - [Romans 12:2 \(NLT\)](#)

### **5. I CAN CHOOSE JESUS AS MY SAVIOR**

*"When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun!"* - [2 Corinthians 5:17 \(LB\)](#)